



COVID-19-like Symptoms of Illness and Return to School/Work Criteria* School Year 2020-2021

If you or your child has any symptoms of illness, stay home. If someone develops symptoms at school, the person will be sent home immediately. If the person who is ill needs to wait for pick-up, he/she will be isolated in a supervised area away from those who are well.

_____ has the following COVID-19-like symptoms on _____:
 First and Last Name Date (mm/dd/yyyy)

- | | |
|--|---|
| <input type="checkbox"/> Fever (100°F or higher) | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Chills | <input type="checkbox"/> New loss of taste or smell |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Congestion or runny nose |
| <input type="checkbox"/> Fatigue (tiredness, weakness) | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Nausea or vomiting (stomach ache) | <input type="checkbox"/> Diarrhea |

Return to School/Work Criteria for COVID-19-like Symptoms of Illness (Must meet ALL three criteria in one of these columns)		
Negative COVID-19 Test	Doctor's Note	At Least 10 Days
<input type="checkbox"/> Proof of a negative COVID-19 test result. <input type="checkbox"/> At least 24 hours have passed since last fever without the use of fever-reducing medication. <input type="checkbox"/> Symptoms have improved.	<input type="checkbox"/> A signed note from a licensed healthcare provider. <input type="checkbox"/> At least 24 hours have passed since last fever without the use of fever-reducing medication. <input type="checkbox"/> Symptoms have improved.	<input type="checkbox"/> At least 10 days have passed since symptoms first appeared. <input type="checkbox"/> At least 24 hours have passed since last fever without the use of fever-reducing medication. <input type="checkbox"/> Symptoms have improved.
Return to School/Work Criteria for Someone Who Tests Positive for COVID-19 (Must meet ALL three criteria)		
<input type="checkbox"/> At least 10 days have passed since symptoms first appeared or if there are no symptoms, at least 10 days have passed since the date when the positive test was conducted.		
<input type="checkbox"/> At least 24 hours have passed since last fever without the use of fever-reducing medication.		

Symptoms have improved.

* Based on the Hawaii State Department of Health's [COVID-19 Interim Return to Work/School Guidance](#). Please consult with your primary healthcare provider. If you do not have one, please see the following options.

- The Hawaii Keiki Health Hotline and Telehealth Service is available free for HIDOE students by calling (844) 436-3888, Monday through Friday, from 8:00 a.m. - 3:00 p.m., excluding holidays and breaks.
- Community health centers serve all patients regardless of their ability to pay or health insurance status. See the list below to find a community health center near you.

Hawaii Island

Bay Clinic, Inc. – Hilo Family Health Center
1178 Kinoole Street - Bldg B
Hilo, HI
808-333-3600

Hamakua Health Center
45-549 Plumeria Street
Honokaa, HI
808-775-7204

West Hawaii Community Health Center
75-5751 Kuakini Hwy Suite 104
Kailua-Kona, HI
808-326-5629

Kauai

Kauai Community Health Center
4800 Kawaihau Road
Kapaa, HI
808-240-0170

Lanai

Lanai Community Health Center
333 Sixth Street
Lana'i City, HI
808-565-6919

Maui

Hana Health
4590 Hana Hwy
Haiku, HI
808-248-8294

Malama I Ke Ola Health Center
1881 Nani Street
Wailuku, HI
808-871-7772

Molokai

Molokai Community Health Center
30 Oki Place
Kaunakakai, HI
808-553-5038

Oahu

Kalihi-Palama Health Center
915 N King Street
Honolulu, HI
808-848-1438

Koolauloa Health Center
56-119 Pualalea Street
Kahuku, HI
808-293-9231

Kokua Kalihi Valley Comprehensive Family Services
2239 N School Street
Honolulu, HI
808-791-9410

Wahiawa Health Center
302 California Ave Suite 106
Wahiawa, HI
808-622-1618

Waianae Coast Comprehensive Health Center
86-260 Farrington Hwy
Waianae, HI
808-697-3300

Waikiki Health Center
277 Ohua Ave
Honolulu, HI
808-922-4787

Waimanalo Health Center
41-1295 Kalaniana'ole Hwy.
Waimanalo, HI
808-259-7948