



Pauoa Elementary School

SEPTEMBER 2025

ALL MENUS SUBJECT TO CHANGES WITHOUT NOTICE

All Meals Include a Choice of Half-Pint 1 % or Skim Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/1	9/2	9/3	9/4	9/5
 HOLIDAY LABOR DAY	BREAKFAST Chicken and French Toast Apples Veggie Sidekick LUNCH Chicken Patty Pasta with Red Sauce Green Salad with Cucumbers Diced Tomatoes Watermelon	BREAKFAST Cinnamon Roll with Turkey Links Mixed Fruit Sliced Peaches LUNCH Chili & Cheese Nachos Green Salad Corn and Salsa Cup Strawberry Kiwi Juice	BREAKFAST Cheese Breadstick Marinara Sauce Papaya LUNCH Mini Corn Dogs Tater Tots Celery Sticks Oranges	BREAKFAST Coffee Cake with Sausage Patty Pineapple Chunks Sour Blue Raspberry Raisins LUNCH Kalua Pork Sandwich Baby Carrots and Sweet Potato Mash Cucumber Sticks Blueberry Apple Crunchables
9/8	9/9	9/10	9/11	9/12
BREAKFAST French Toast Sticks Applesauce Blueberry Apple Crunchables LUNCH Cheese Bites Marinara Dipping Sauce Celery Sticks Peach Mango Slushie	BREAKFAST Scrambled Egg and Cheese Burrito Salsa Cup Apples LUNCH Sweet and Sour Pork Meatballs with Rice Edamame and Steamed Broccoli Pineapple Chunks Fortune Cookie	BREAKFAST Sausage and Cheese Pancake Sandwich Strawberries Oranges LUNCH Spaghetti with Meat Sauce Green Salad with Carrots and Cucumber Whole Grain Roll Sliced Peaches	BREAKFAST Plain Bagel with Cream Cheese Grapes Strawberry Fruit Gelatin LUNCH Teri-Burger Lettuce, Tomato, Baby Carrots Crinkle Cut Fries Sour Watermelon Raisins	BREAKFAST Portuguese Sausage and Rice Apples Pineapple Chunks LUNCH Roast Turkey with Gravy Mashed Potatoes and Wheat Roll Roasted Zucchini Oranges
9/15	9/16	9/17	9/18	9/19
BREAKFAST Pancake Bites Mixed Fruit Diced Pears LUNCH Chicken and Green Chile Burrito Green Salad Pico de Gallo Orange Fruit Gel	BREAKFAST Ham and Cheese Croissant Apples Grapes LUNCH Chicken Patty Sandwich Lettuce and Tomatoes Potato Wedges Oranges	BREAKFAST Tropical Yogurt Bowl Pineapple Chunks Strawberry Apple Crunchables LUNCH Korean Beef Bowl with Rice Asian Coleslaw Edamame Mandarin Oranges	BREAKFAST Breakfast Chicken Patty with Rice Applesauce Cranberry Raspberry Juice LUNCH Chicken Gyoza Cucumber Pickles Steamed Broccoli Tropical Punch Raisins	 NON-STUDENT DAY
9/22	9/23	9/24	9/25	9/26
BREAKFAST Bean and Vegetable Empanada Diced Pears Fruit Punch LUNCH Lasagna Roll Up Green Salad Baby Carrots Sliced Peaches	BREAKFAST Scrambled Egg with Baby Potatoes Salsa Cup Grapes LUNCH Pepperoni Pizza Celery Sticks Baby Carrots Honeydew	BREAKFAST Guava Pastry with Boiled Egg Diced Pears Sliced Peaches LUNCH Crispy Fish Fillet Sandwich Lettuce, Tomato and Chips Cucumber Sticks Strawberry Fruit Gelatin	BREAKFAST Blueberry Bagel with Cream Cheese Pineapple Chunks Apples LUNCH Chicken Tenders with Mac & Cheese Edamame Steamed Carrots Oranges	BREAKFAST Portuguese Sausage and Rice Oranges Blueberry Apple Crunchables LUNCH Chicken Adobo with Rice Steamed Broccoli Steamed Corn POG Fruit Slushie
9/29	9/30	10/1	10/2	10/3
BREAKFAST Mini Blueberry Pancakes Mixed Fruit Strawberry Apple Crunchables LUNCH Plant Powered Bites with Rice Baked Beans Steamed Broccoli Strawberry-Cream Sidekicks Cup	BREAKFAST Chicken and Waffles Apples Veggie Juice LUNCH Grilled Chicken Pasta Florentine Green Salad with Cucumbers Diced Tomatoes Watermelon	BREAKFAST Cinnamon Roll with Turkey Links Mixed Fruit Sliced Peaches LUNCH Hot Dog with Bun Tater Tots Celery Sticks Oranges	BREAKFAST Cheese Breadstick Marinara Sauce Papaya LUNCH Chili & Cheese Nachos Green Salad Refried Beans and Salsa Cup Strawberry Kiwi Juice	BREAKFAST Applesauce Bread with Turkey Sausage Pineapple Chunks Sour Blue Raspberry Raisins LUNCH BBQ Pork Sandwich Baby Carrots and Sweet Potato Mash Cucumber Sticks Blueberry Apple Crunchables

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER